



Rules

- The training is only open to professional artists within circus, variety and street performance that are members in Manegen.

- All the training is at your own risk.

Manegen and Cirkus Cirkör recommend all members to take out your own insurance.

- All the training is focused on their own work and respect all the other professionals that is training in the circus hall. Show consideration and communicate with each other on the disposition of the surfaces in the circus hall.

- The training is allowed in the big circus hall and on the black floor.

The training is made in agreement and consensus with the circus gymnasium and Cirkus Cirkör. Please show respect.

- Be affective and don't use any unnecessary space. Don't use a rigging point and then for example go and have a coffee. Don't reserve a space with your equipment if you are taking a longer break during your training.

- Its important to respect the designated times. At 16.30 all the equipment should be restored and all training, stretch included should be finished. You are allowed to use dressing rooms and the kitchen after 16.30.

- You need a trampoline license to be allowed on the trampoline, this is a matter of insurance.

Rigging and equipment

- If you need to rig your apparatuses you need to contact the responsible of the hall or the receptionist of Manegen.

You are allowed to use the existing rigging points and system that is available.

You are allowed to rig your own apparatuses where there is free space only if its been approved y the responsible of the circus hall and manegens responsible on site.

- Use of material and space in the circus hall in a non appropriate way will lead to suspension.

This includes jumping from the pit floor while raised, running on walls, fighting and use of martial arts weapons.

- All the equipment's that you use need to be returned to its original space, this includes crash mats.

- Approval from the responsible of Manegen is necessary before use of any aerial apparatuses.

- Ask for help from responsible of the hall to open and close the pit.

- One person at time in the pit.

- Don't drag heavy or sharp equipment on the floor. If you cause any damage to the floor you will be liable to pay charges.

Ask for help if you need to move something heavy.

- Storage of personal equipment need to be approved by the receptionist of Manegen so the designated space can be showed. Personal equipment need to be marked with name and phone number.

Equipment is stored at own risk.

General

- Minimum age is 18, unless there is an agreement with responsible of Manegen.

- Daily training is a safe zone and is absolutely free from all types of racism, sexism, funkophobia, homo and transphobia.

- Spectators or kids are not allowed in the space during the professional training. Animals is also not allowed on the public premises in the building.
- Dressingrooms can be used, that includes the lockers that have been showed.
- Kitchen can be used and there is one fridge only for Manegen. Clean after yourself and leave the space in good condition.